

Page 2:
Weighing
the
fitness test



Page 4:
Team
Get a Bag
dominates



Page 7:
Hill kills it
on the
court



THE CASTRO VALLEY HIGH SCHOOL Olympian

VOLUME 63, ISSUE 8

MARCH 13, 2020

WE ARE BORN TO SEEK THE TRUTH!

WWW.CVHSOLYMPIAN.COM

Juan-derful breakthrough!



THOMAS RYKEN

Warriors' rookie Juan Toscano-Anderson tells today's Trojans to "follow your dreams."

CVHS grad joins Warriors

By Elena Lottich
ONLINE EDITOR

"This is the opportunity of a lifetime. It supersedes everything. It's the biggest opportunity I have going for myself," said CVHS graduate Juan Toscano-Anderson, the newest addition to the Golden State Warriors.

Toscano explained that basketball is everything in his life and has been since high school.

"We love Juan. He's a wonderful, infectious personality. He loves the game and the energy that comes from competing. He loves his teammates and it's been so much fun coaching him. I love his story and how he's had to scrap for everything. He's fantastic," said Warriors head coach Steve Kerr.

As the only NBA player of Mexican descent, Toscano-Anderson reminds himself each time he plays that it is not only him on the court but an entire country rooting for him. Cheering on from home or in person,

his fans have been following him all the way since the start of his basketball career at CVHS followed by his college days at Marquette.

"It was for sure more challenging at that level," Toscano-Anderson said of his college years. "I'm an 18-year-old kid playing against 22-year-old men. There we got to the Sweet Sixteen, Elite Eight, and got a Big East Championship. Those are some of the things I'll never forget."

With injuries setting him back in college, Toscano-Anderson felt at times his dreams may have been slipping away. e made an important decision to not enter his name in the NBA draft but instead play for the National Basketball League of Mexico for the next three years.

"I didn't realize the magnitude it had. Just being an example and a figure in Mexico but not only for Mexico. I think it gets lost because I represent Mexico, but I'm also half African American. Just being a figure for young kids itself is really cool. But wearing that Mexico across your jersey and representing an entire country...it's inexplicable," Toscano-Anderson said.

Toscano-Anderson's diversity is not just in differing ethi-

cal backgrounds but in differing basketball environments, which brought him to the Santa Cruz Warriors G-League team. Two years later, he was finally called up to the big leagues.

"When I got the call I was definitely overwhelmed. In my heart I wanted to be so happy and be very excited. In my mind I knew I was stepping into a bigger world. Again I'm the little fish in a big pond. I just wanted to stay humble and grounded. People don't realize the harder part is to stay in the NBA. I knew this was my time to work hard and make something happen," he explained with a smile.

Even though this year's Warriors team is struggling in the standings, Toscano-Anderson has made a positive impression, playing off the bench and scoring about six points per game, possibly playing himself into the team's future plans.

He offered this advice to his fellow Trojans: "Just continue to follow your dreams," he said. "A lot of people will be naysayers just because of percentages. When I left Mexico a lot of people were telling me I was making the wrong decisions because finances were so different. One thing I learned is to make your own decisions and ride with them, bet on yourself."

Castro Valley braces for coronavirus

By Ashley Tang
STAFF WRITER

The coronavirus (COVID-19) affects CVHS students and families as it continues to spread rapidly. Senior Anita Wong's dad who recently travelled to Asia is currently quarantined to ensure that he is not infected.

"My dad left for China for a while and the people flying back from Wuhan of course had to be quarantined. It was mandatory, but for everywhere

else it was optional, but recommended. My dad didn't go to Wuhan, but it was recommended that he be quarantined. You find your own place, so my dad found an apartment. He stayed for almost a month," said senior Anita Wong.

Alameda County declared a local public health emergency on March 1 when public health officials confirmed the first positive case of coronavirus here.

►See **Virus:** page 8

State puts fitness test on pause

By Elena Lottich
ONLINE EDITOR

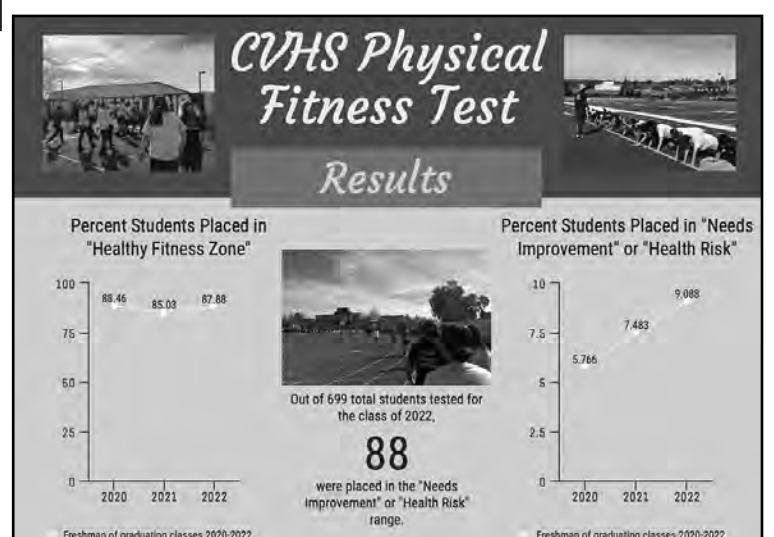
CVHS Class of 2022 students (currently sophomores) have been able to raise their fitness testing scores from last year's Class of 2021 slump. This time around, the Trojans seem to have increased their scores in flexibility, but still need an overall 15.6 percent increase in body composition.

This year the Trojans made a positive comeback as only 58 students were categorized in the "Health Risk" category for

body composition compared to last year's 116 students. The test administered to fifth, sixth, and ninth graders is a regular PE task to complete for the incoming freshmen. With scores down in the dumps last year for the class of 2021, the 2022 class made a comeback.

These scores are only part of the overall California fitness testing system. Gov. Gavin Newsom though has recently announced his intentions to put the testing on hiatus for a three year break. Newsom

►See **Fitness:** page 8



JEANETTE WALLIS

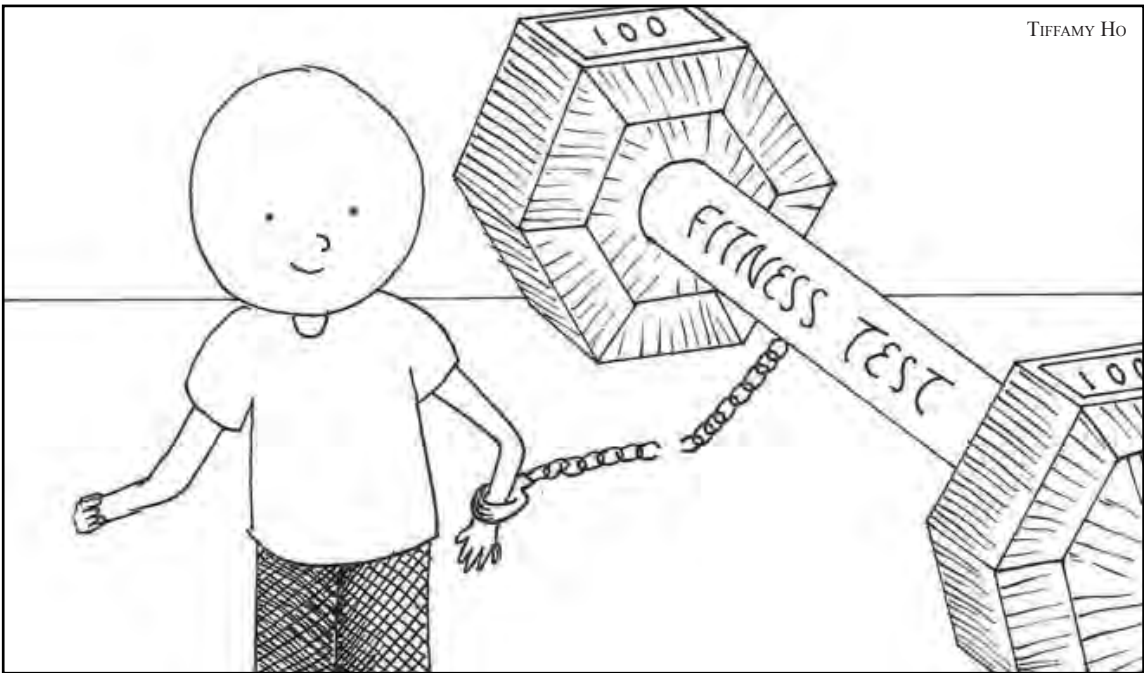
Fix, don't nix, school fitness testing

Editorial:

With concerns about body-shaming and bullying, Gov. Gavin Newsom proposed suspending the physical fitness test that all fifth, seventh, and ninth graders take for three years. The test has been a mainstay of freshman P. E. classes at the high school since 1996, oft reviled by students who sound off at even the slightest mention of the Fitnessgram Pacer test.

Many students can hear the words of the dull, repetitious script and the cheap electronic music resound in their heads as they remember running back and forth: 20 meters—stop, turn around—beep! 20 meters—stop, turn around—beep! Over and over, students ran back and forth with increasing frequency until at last all have succumbed to exhaustion.

A number of questions about its utility and its effect on students has driven Newsom to abandon the test. He seems



convinced that results of the test lead to bullying and body shaming, and that the strict gender line the results chart draws is discriminatory.

The points he raises are all valid, though it is worrisome that his first reaction to these ideas is to throw away the test entirely. Concerns about inclusion and discrimination need to be examined with a

more delicate touch than a full abandonment of all standardized physical fitness testing.

By refusing to administer any physical fitness test, Newsom seems to be saying that the state is not prioritizing the health of its students, and that cannot be acceptable. The solution to the various problems with the current iteration of California's physical fitness

test cannot be to ignore physical fitness.

Most of the problems of the current test stem from its imposition of strict guidelines of what is "passing" and what is "failing," based on the narrow measures of height, weight, and sex. When each segment of the test is administered, the benchmark for success is a number from one cell on

a chart, with no respect for disabilities or other personal considerations.

Rather than abolishing the test altogether, it would be easy to cut that aspect out of it. Instead of forcing preconceived notions of what "every student" at each height and weight class should be able to do, which lead to the strange pass/fail rubric of the current test, California should measure students against their past selves. Pass and fail could turn into degrees of improvement, from needing improvement to greatly improved.

For a world with so much understanding about health, fitness, and biology, the physical fitness test is certainly out of date. Its outmoded thinking on how fitness works is rooted in an older culture that valued athleticism more than health. But the solution is not to eliminate testing. We need to build in its place a modern test more reflective of true fitness outcomes and our values as a society: make healthy children, not sad children.

Election day? More like election delay

By Malin Johansson
STAFF WRITER

The Iowa Democratic Primary caucus was on Feb. 3, the first state to vote out of all of the other states. After Iowa, New Hampshire was the second state to vote on Feb. 11. Both of these states get to vote earlier than California, which votes on March 3.

California used to have the primary elections in June, which was four months after Iowa's caucus. In 2017, Gov. Jerry Brown signed a bill to

move California's primary from June to March.

Although the date has been moved up, it is still not enough. All states in America should vote on the same day. Because Iowa and New Hampshire get to vote earlier, it influences the election outcomes a lot.

California is the most diverse and populous state, and therefore it is the best representative of America as whole. So why should it have to wait?

According to the Bureau of Statistics, 90.7 percent of Iowa is white, and New Hampshire

is even less diverse at 93.7 percent white. However, this does not reflect America's racial makeup; overall the U.S. is 77 percent white. Don't you think the lack of diversity will change the outcome of the election? White people are generally more likely to vote for other white people, so how is this fair?

The first elections often sets a precedent for the results of other states.

Together, Iowa and New Hampshire have a total population of 4.5 million, however

California has a total population of 39.6 million. This is about nine times that of Iowa and New Hampshire's populations combined.

When California used to vote in June, it almost didn't matter which candidate won because all the other states had already voted. Often times candidates had already dropped out of the race before California got a chance to vote.

In the 2020 Iowa Caucus, Pete Buttigieg won the popular vote and in New Hampshire Bernie Sanders won, with only

1 percent more than Buttigieg. I had hardly heard of Buttigieg before the primaries, which shows how different California voters are than voters from other states. In California the most popular candidates are Joe Biden, Elizabeth Warren, and Sanders. Biden and Warren won less than 10 percent of the votes in Iowa.

It is not impossible for all states to vote on the same day; this is how the general election takes place. The voting system today is unfair, all of the states should vote in one day.

PHOTOpinions

What do you think about California getting rid of PE test?



“ I think it's great because you can't really test someone's fitness based on how fast they run a mile. ”
Miriam Kuehner
freshman



“ PE testing helps with making you more fit. They should not take it away. ”
Dylan Leber
sophomore



“ PE should be less about being fit and more about trying. ”
Miles Bardin
junior



“ There shouldn't be a set standard of how athletic you should be based in age, height and weight. ”
Marley Baker
senior



“ Having a healthy and active lifestyle is important but eliminating programs that cause bullying and create self-esteem issues is also important. ”
David Roth-Rossi
staff

By Eyzid Hadi
PHOTO EDITOR

“Infinite possibilities” in Sacramento

By Leo Lin
STAFF WRITER

There was a long hallway inside the museum and the con-



When we stepped outside, the sun shined on the white, ancient museum that reflected enormous, dazzling brights. At that moment, I realized under the managment of Newsom, California owns infinite possibilities.

It's sad to see that a fun way to end the high school experience has turned into a competitive process that focuses on the few who have the most popularity and influence, while excluding those who don't, not unlike another more important race that will be decided in November.



LETTERS

Skyler Chan, sophomore

By Ashley Tang
STAFF WRITER

There were drone clips I saw

Coronavirus is new, but racism and xenophobia are not. The virus will go away in the course of time, but racism is potentially more lethal and harder to contain.

THE CASTRO VALLEY HIGH SCHOOL

Olympian

Advisor.....Matt Johanson

4 FEATURE

Team Get a Bag dominates

By Jeanette Wallis
COPY EDITOR

Team Get A Bag triumphed over Team Dodge Fathers in the annual CVHS dodgeball tournament in the main gym from Feb. 10 - 14.

The tournament kept the crowd excited and on the edge of their seats. Over the course of the entire week, teams were slowly eliminated until only Team Get A Bag and Team Dodge Fathers were left standing.

The championship round was a best of three games, with Team Get A Bag and Team Dodge Fathers fighting for the win.

During the first match of the championship, both teams battled right up until the end, but Team Get A Bag ultimately came out on top. The crowd was completely engaged in the

game, cheering and groaning at direct hits and close misses alike.

The second match was quickly won by Team Get A Bag with plenty of time to spare. The crowd erupted as the last dodgeballs were thrown and Team Get A Bag was declared the winner.

“Domination [is unique about our playing style],” said senior David Hargrove after the game. “We knew that we were the best in the tournament.”

In addition to Hargrove, the team consisted of seniors Cameron Faris, Matthew Morales, and Nolin Shervais, junior Cameron Calvillo, and sophomore Zachary Sandoval.

One of the team’s highlights from playing together was “the chemistry we have as a team, since we all play baseball together,” said Shervais.



JEANETTE WALLIS

Winning the dodgeball tournament were (from left) Nolin Shervais, Cameron Faris, David Hargrove, Matthew Morales, and Cameron Calvillo.



HANNAH PILGRIM

Winning staff honors were (from left) Gisela Sandoval, Samantha Brown, Yvonna Rogers and Brigitte Luna.

CVHS appreciates staff

By Hannah Pilgrim
STAFF WRITER

Some of CVHS’s most exemplary staff received awards from the school district to honor their hard work and dedication to our school.

Assistant Principal Brigitte Luna was awarded rookie of the year, attendance clerk Samantha Brown was awarded classified staff member of the year, counselor Gisela Sandoval was awarded teacher of the year, and Assistant Principal Yvonna Rogers was awarded secondary co-administrator of the year.

Teachers, students, and administrators nominated their favorite staff for these awards.

“Students are the best part about working at CVHS. There are so many different ways for students to be connected through clubs, sports, and all the different programs,” said Rogers. Rogers has been working at CVHS for six years

and says the best part of her job is working with students and families.

“She cares about the kids so much and she makes sure both staff and students are supported,” said Brown about Rogers.

Brown has been at the school for 12 years. As the attendance clerk, Brown processes all 3,000 students’ attendance and serves seven administrators. According to Brown, the best part about her job is the fact that every day is different.

“She is so knowledgeable about everything and such a great asset for us,” said Rogers about Brown.

Sandoval is the counselor for house two and has been working at CVHS for four years. Before working at the high school, Sandoval worked as a counselor for Castro Valley elementary schools.

When asked what the hardest thing about her job, Sandoval said “Not having enough time to do everything, like

going to Pops or a basketball game.” Sandoval is also the teacher for Puente, teaching one zero period class a week.

“The culture of the students and the ability to work with such a great team makes CVHS great,” said Sandoval.

This is Luna’s first full year at CVHS, but she is no stranger to the school.

“Mrs. (Elisa) Frozena was my master teacher when I was a student teacher here at CVHS,” said Luna.

Luna has made huge contributions to our school. Luna is involved in the Site Safety Committee and working on the English Learner program.

“Mrs. Luna’s willingness to help and learn makes her such a good think partner. She shares insight to things I haven’t thought about yet,” said Rogers about Luna.

Congratulations to Luna, Rogers, Brown, and Sandoval who have made a huge impact on CVHS and the committee around them.

Nguyen spreads the love

By Brittany Bin
FEATURE EDITOR

CVHS should be a place filled with love and joy. Junior Vivian Nguyen is doing her part by spreading love through social media. Nguyen has racked up over 90.2k followers on Instagram by posting “wholesome” content. These posts display cute pictures with even cuter captions.

Her account started around a year ago after Nguyen was inspired through some posts on the explore page of Instagram. Nguyen also saw a lot of unnecessary cyber-bullying and negativity that broke her heart. She used this account as an outlet for her and other people away from all of the

negativity.

“There was a lot of negativity and toxicity in my life at the time. I felt like I really just needed a little wholesomeness or love, and I felt like everyone could use a bit of that too,” Nguyen said.

The popularity of the account pleasantly surprised Nguyen as well as her friends. She started gaining thousands of followers quickly.

“I made the account to spread love, but I never expected it to reach as many people as it did,” Nguyen said.

The comments on her posts are from people all over the world. People will “tag” other people in a form of communicating through social media. Through all of the tagging, the positivity spreads.

Although the future of the account is still in the air, Nguyen plans to stick to her main goal of spreading positivity.

“I plan to just keep trying to spread positivity and love as much as I can and just to stay active on the account. I don’t have any big future plans for it,” Nguyen said.

She was very nervous at first of what people would think, especially at CVHS; however, students and staff at CVHS have been nothing but supportive. Judgement and criticism was a mental obstacle for Nguyen.

“They would be surprised when they see the large following but show that they are really proud of me for my growth and efforts to spread more love,” Nguyen said.

BAY AREA DRIVING SCHOOL



Driver's Education & Training

Tel. 510-886-1016

www.BayAreaDriving.com

* ONLINE Driver's Ed *

First 25% of Online Driver's Ed is **FREE**

Free Pick-up & Return for Driver's Training

HANSEN
LANDSCAPE
CONTRACTOR

*The Ones You
Can Recommend*

Office (510) 537-0464 (925) 846-0359

**Water Wise Landscape Design
Installation / Maintenance**

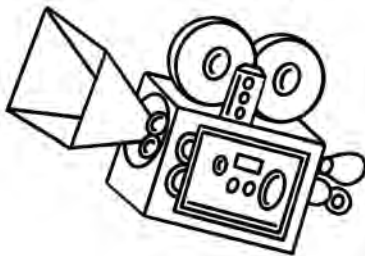
Drainage • Sprinklers • Lighting • Sod/Plants/Trees • Decking • Children's Play Areas
Concrete • Masonry • Water gardens • Arbors/Patios covers • Hot tubs • BBQ's

Louis Siegel Cell (510) 461-4435

Designer / Estimator
Project Manager

www.hansenlandscape.com

Ca State Contractors Lic. #440372 Fully Insured



“HSM TMTS” bops to the top

By Alex Tam
STAFF WRITER



“Is there somewhere you’re supposed to be?” S.T.E.M. teacher Benjamin Mazzara asked. “‘Broadway,’” student choreographer Carlos snarkily replied.

Singing, acting, dancing, drama, humor, and a lovesquare with a dash of “High School Musical” is all that’s needed in the show “High School Musical: The Musical: The Series.”

When this show was first announced, I was extremely skeptical and prepared for it to be really bad. Luckily, I gave this show a chance, and it turns out that it was actually really good.

The show is about a group of students that go to the school where “High School Musical” was shot. They put on a production of “High School Musical” for their fall musical. There was a lot of tension between the two leads, Ricky and Nini, because Ricky was doing the musical to try to win Nini back from her over-the-summer boyfriend, EJ. Eventually the fighting between the two leads and their understudies cease and all that is left is drama that the audience can relate to: divorced parents, moving, and crushes.

What I love about this show is that it, for the most part, accurately represents what high school looks like in 2020: a boy plays Sharpay, and two boys go to homecoming together and become a couple. There is a family with two moms, parents are getting divorced, the characters have different ethnicities, and the kids are trying to navigate their lives and discover who they are. The show feels so relatable to my own life, my friends’ lives, and the world I see around me. The large main character ensemble all come from different and diverse backgrounds, truly depicting what real life is like.

I’ve also fallen in love with the music. The show used songs from the original movie and created original songs for the show. Every cover and song is sung beautifully because all the actors have amazing voices. The show even had the actors sing live during the filming of the series.

The show was shot in a mockumentary style which allows the audience to really understand the characters and to learn more about them. It also added to the humor of the series and made it even more enjoyable than it already was.

There are so many reasons why I love “High School Musical: The Musical: The Series” on Disney Plus. I would definitely recommend this show to anyone.

P.S. I still love this movie

By Josie de la Torre
STAFF WRITER



Netflix’s Valentine’s Day special “To All the Boys: P.S. I Still Love You” was released Feb. 12. The sequel to “To All the Boys I’ve Loved Before” recasts Lana Condor and Noah Centineo as Lara Jean Covey and Peter Kavinsky while starring Jordan Fisher as John Ambrose McClaren. The hit teen movie series is adapted from the book series “To All the Boys I’ve Loved Before” written by Jenny Han.

“It’s a funny thing this relationship stuff. One moment, things are upside down, but then, like magic, there’s glitter everywhere. And once it all settles, you’re right back in the fairy tale again,” said Covey as she laid in her bed.

The exciting sequel everyone has been waiting for isn’t all magic and glitter like the first film. Covey and Kavinsky’s relationship hit bumpy roads as one of the five love letters Covey’s little sister, Kitty, sent was responded to.

Like any type of relationship, there must be open communication and honesty between the two mutual parties.



Covey and Kavinsky overcome a breakup and realization in order to truly realize how they feel for each other.

From the cinematography to costume design and coloring, it was extraordinary on how well directed the scenes went, with the color playing an important part of the movie. The many colors gave a bright and positive energy radiating off of the television screen. The soundtrack was also well done. Problems teenagers deal with were all presented in a somewhat realistic way.

“It’s the connection of two people that can’t be severed. Even when love turns to hate, you will always have tenderness in your

heart for them,” said Covey.

The character development did not flow well in this sequel. McClaren was portrayed as someone reminiscing about a middle school crush, while Covey’s development was very subtle and only portrayed towards the end of the film.

“To All the Boys: P.S. I Still Love You” was an exceptional sequel with its cinematography and soundtrack. Covey and Kavinsky get cuter every time and fans are always begging for more. The third and final installment “To All the Boys: Always and Forever Lara Jean” is in post-production and will be released before you know it.

Sonic speeds to success



MIGUEL BERNAS

By Baron Begier
STAFF WRITER



Two British Infantry officers are given orders to deliver a message to save 1,600 soldiers from a German surprise attack during World War I in the new film “1917.”

The camera follows Lance Corporal Blake and Lance Corporal Schofield as they travel through the battlefield to deliver the message. The movie was shot to look like it was filmed as one continuous shot. The continuous effect makes it feel lifelike. It feels as if it were a third-person video game or in real life where you are closely following the officers.

The soldiers travel through German trenches, No Man’s Land, enemy bunkers, and more as they moved along the French countryside. The loss of life, destruction of war, and allure of nature can be observed in the background. At several scenes,

the images of dead fighters in the dirt were shocking and horrific.

Suspense from the German side intensifies the plot. Enemy soldiers had been planning the attack for long now, and 1,600 lives were in peril. Time to deliver the message was short.

“1917” was inspired by director Sam Mendes’ grandfather, Alfred H. Mendes, who fought in World War I. “I had a story that was a fragment told to me by my grandfather, who fought in the First World War. It’s the story of a messenger who has a message to carry. And that’s all I can say. It lodged with me as a child, this story or this fragment, and obviously, I’ve enlarged it and changed it significantly. But it has that at its core,” said Mendes.

“1917” won the award for best drama at the Golden Globes, while Mendes won best director.

“1917” is now one of my favorite movies since it utilizes modern filmmaking techniques to illustrate what it would have been like to fight in World War I about 100 years ago.

By Miguel Bernas
STAFF WRITER



After being protected all his life by Longclaw the Owl, Sonic the Hedgehog must escape to a new world to seek safety. With super speed fast enough to generate electricity, Sonic poses as a threat to many and a possible science experiment to some. Using a pack of magical rings given to him by Longclaw, he teleports to different worlds so he can avoid harm.

Finally settling on Earth, Sonic feels that he has found his home. But after realizing he is alone and is likely to remain alone forever, Sonic accidentally causes a power outage throughout the Pacific

Northwest out of anger. With the government hiring the crazy Doctor Eggman to search for what caused the power outage, Sonic must seek shelter to avoid getting caught and possibly losing his life.

“Sonic the Hedgehog” the movie came out on Feb. 14. The movie is based on the popular Sega video game character Sonic the Hedgehog who is featured in many different video game consoles.

Compared to the movie “Cats,” I enjoyed this computer-generated imagery (CGI) movie much more. Sonic, being a video game character, was more realistic standing next to humans and his animations were well controlled to maintain his friendly video game look. The plot itself was quite interesting, and I thought it wasn’t too boring even for

adults. There is a lot of action in the film and several funny jokes throughout the movie aimed both at children and adults.

The movie originally received major internet backlash regarding the CGI used to create Sonic. Luckily, Paramount delayed the film which was planned to be released in November to alter Sonic’s appearance due to the demand of the fans. I think the directors’ choice to listen to the fans was a good one, and it made the movie much more successful and enjoyable to watch.

So far the movie has already made \$57 million during its launch weekend, surpassing “Pokémon Detective Pikachu” the movie which made \$54 million during its opening weekend, making it the most successful video game movie yet.

Turn away from “The Turning”



By Alice Tang
STAFF WRITER

Leaving the comfort of her apartment and her roommate, Kate Mandell (Mackenzie Davis) packs her bags in preparation to become a full time nanny and teacher to two orphans after the disappearance of their old governess, Miss Jessel (Denna Thomsen). She approaches an isolated gothic mansion in the countryside and finds the caretaker, Mrs. Grose (Barbara Marten), in the gated garden.

“The Turning” is a 2020 adaptation of the 1898 psychological horror novella “The Turn of the Screw” by Henry James and was released on Jan. 24 as a drama/thriller film, although I personally don’t think it’s much of a thriller because there are some pointless scenes where a dark entity is shown to the audience but doesn’t effect the governess or story.

Before leaving, Mandell visits her mother, who lives in a mental institution. Her mother is shown in an empty swimming pool scribbling and painting on canvases. She hands Mandell a portrait painting she did earlier of her daughter as a farewell gift.

When Mandell first arrived at the estate, she developed an eerie feeling that made her

paranoid. She meets Flora (Brooklyn Prince), one of the orphans, and learns about her trauma that caused her to be afraid of the gates. Up to this point everything is pretty much normal for Mandell until Flora’s brother, Miles (Finn Wolfhard), comes home from boarding school.

Upon discovering that Miles was expelled for being violent, she becomes a bit nervous around Miles who decides to prank her later on. Mandell found the old nanny’s journal, which she started to read while discovering what caused Miss Jessel’s disappearance.

Mandell noticed frequent strange occurrences happening to her at night, so she started to leave the lights on. Towards the end of the movie, things quickly pick up speed which becomes confusing for the audience. Mandell suspects the ghost that haunts the mansion might be their former horse riding instructor Quint (Niall Greig Fulton).

The story up to this point in the movie was good. However, when the movie comes to an ending, things become confusing and the ending is badly executed. It leaves the audiences wondering what happened, but not in a good way.

The actors and actresses did an amazing job acting, but the ending ruined the movie. It leaves the audience mad and confused.

“Parasite” exposes leeches of labor



By Baron Begier
STAFF WRITER



“Parasite” recently won four Oscars, and Palme d’Or at the 2019 Cannes Film Festival. Thus, I watched it. The movie’s uses of subconscious messages to show income inequality between the wealthy Park family and the poor Kim family are genius.

Hidden in the movie are displays of wealth inequality.

“On surface, it looks quite simple. Rich house on the top of the hill. Poor family (the main character) they live in semi-basement,” said writer-director Bong Joon-ho.

The camera ascends every time they go to a wealthier area. The Kim family lives underground,

below society, as the Parks live high above everyone else.

Class differences are conveyed through different forms also, such as through food. The Kim family enjoys a made-up dish called Ram-Don. Ram-Don consists of cheap ramen and Udon, topped with expensive Korean Sirloin called Hanwoo. Hanwoo costs more than Kobe beef in price per

pound. A plate of Ram-Don costs about \$249, according to Binging with Babish. The Parks are seen enjoying this regularly.

“It’s something natural. Talk about the rich and poor in this era, in this age, in this time,” said Joon-ho.

“Parasite” is a well thought out movie that relates to social issues in the world.



FREE Online Drivers Ed when you mention The Olympian



Go Trojans!



EARTH DAY AT CVHS!



Help the Garden Club Beautify CVHS

Saturday, April 25th

9:00 a.m. - 12:00 p.m.

CVHS Garden (rain or shine)



What to wear: long pants
and closed-toed shoes.

What to bring: work gloves,
refillable water bottle, garden
pick, hat & sunscreen.



Park at Mabel Avenue lot
and **meet** at CVHS Garden.

Questions?

Contact Mr. McCreary at
nmccreary@cv.k12.ca.us.

CASTRO VALLEY SANITARY DISTRICT

Effective Environmental Services since 1939

510-537-0757 | www.cvsan.org

This ad was paid for by Measure D

CVSan



3483 Castro Valley Blvd. 510-359-9339 www.pampascafe.com



Last second steal and score lead to Trojans win

By Kayla Craft-Williams
BUSINESS MANAGER

Senior Kheti Goss scored the winning points at the last game of the CVHS boys varsity basketball game against Mt. Eden, on Feb. 14.

“When I saved the game, I was so happy that we won our last game and I felt like I was on top of the world,” Goss exclaimed.

Trailing by one point in the final seconds of a nail-biting game, senior Arquil Hill stole the ball away from an opposing Monarch and passed it to Goss. In a rush of panic, the Monarchs fouled Goss.

Anxiously, Goss went to the free-throw line, having the weight of his team on his back. As his nerves coursed through him, the whole gym went silent and took a breath.

Goss went through his routine on the line, looked up, and banked the first one to tie the



KAYLA CRAFT-WILLIAMS

Devin Green focuses on the hoop to add two free throws to the scoreboard.

game. Everyone jumped in excitement, as the score was 60-60.

Goss relaxed, gaining more confidence in his second shot and

swished it in, making the score 61-60, Trojans leading. The crowd exploded in cheers and yells, halfway on the court. During the

last three seconds, the Monarchs tried to score, but time ran out, and the Trojans snagged the win.

A crowd of family and friends

stormed the court to surround Goss and the team in a dog pile. Everyone was falling over one another, electrified over the big upset. The crowd picked up Goss, chanted his name and carried him around the gym.

“When Arquil stole the ball I was relieved because if he hadn’t got the ball, our chances of winning that game were slim,” Goss said.

Hill played his part and was very determined to win his last game. He was zoned in and focused on getting the ball back, so CVHS could get an opportunity to score.

“Going into the last 19 seconds down by just 1 point I knew we had to score if we wanted a chance to win. I tried to stay locked in on defense to get a steal and score to give our team an opportunity to win the game,” Hill said.

In their last game, the Trojans won their first game in WACC play and finished with a record of 9-17.

Trojans win girls wrestling league championship

By Cameron Faris
STAFF WRITER

The Castro Valley Lady Trojans took on the league championships at San Leandro High School.

The stress level was at an all time high for the Trojans, however, they put all their hard work to use and made the best out of the situation.

It was really tough and every last drop of blood, sweat, and

tears were put into the win.

Of the team, six Trojans won championships: senior Carissa Flaton (weight class 101 lbs), Daniella Flaton (106 lbs), senior Olivia Ott (150 lbs), junior Ajayzee Zaballos (111 lbs), and sophomores Carlia Ott (116 lbs) and Samantha Garcia (143 lbs). Five others placed very high in their weight classes.

After the league meet was over the Lady Trojans took on NCS and ended up placing second out of 20 teams.

They had a total of five qualifiers as well as an additional six placers, so overall they placed 11th in NCS.

“I’m just glad I got to go out on a good note and I enjoyed playing the sport I love with some of my closest friends one last time,” said Flaton.

Overall, the match was a big success and many of the Lady Trojans really enjoyed some of their last moments with each other before the season came to an end.



CAMERON FARIS

Megan Sudmeier smiles after a hard fought win.



KAYLA CRAFT-WILLIAMS

Arquil Hill gets pumped up by his teammates before the memorable game.

Hill kills it on the court

By Kayla Craft-Williams
BUSINESS MANAGER

Arquil Hill stole the ball from the Mt. Eden Monarchs and gave the CVHS basketball team a huge chance to win. Without him, they wouldn’t have won their last game on senior night.

Point guard Hill transferred to CVHS his junior year from Bishop O’Dowd and was benched for eight weeks because he was a transfer student. When a player moves schools, he has to wait some time before getting playing time, so it doesn’t look like the school is recruiting athletes.

Hill started playing official basketball games at six years old,

but seemed like he’s been dribbling a ball his entire life. His brothers have been a big help in his success, playing with him and pushing him to become a better player. Moving to CVHS wasn’t a big adjustment, because Hill has been to Castro Valley schools before.

He wasn’t worried about starting with a different team, because most of his new teammates were old friends.

“My last season as a Trojan was very bittersweet. I got a lot closer with my teammates and made memories that I definitely won’t forget. However, I am very sad my high school basketball career is over so soon,” Hill

stated.

The basketball season came and went, like senior year usually does. Hill was very anxious and pumped going into his last game playing for CVHS.

“Going into senior night, I wanted to stay in the moment, embracing my friends and family who came to support. I wanted to block out everything else and enjoy my last game as a Trojan. My goals for the night were to have as much fun as possible, and of course win the game,” Hill happily said.

Winning this game was a must for Hill, and he was glad he got to share that moment with his friends and family.

Students attend scholarship fair

By Michael Tam
STAFF WRITER

More than 100 students and their families attended a scholarship fair that marked the opening for Castro Valley Educational Foundation scholarship applications, which can be found at the CVEF website. All 26 CVEF scholarships will accept applications from CVHS seniors until midnight on March 22. Winners will be announced at Senior Awards Night.

Most scholarships will award between \$500 and \$5,000 to students. One award, the Dr. Mary Jane Stamm scholarship, offers \$22,000 over four years based on financial need.

Before playing a game where parents guessed the meanings of Gen Z terms like “gucci” and “tea,” the scholarship presenters gave some tips to the audience about applying for CVEF scholarships.

Many recommended that students apply to all scholarships that they meet the qualifications for and even some that they don’t. Many scholarships can be awarded to those that do not meet all of the requirements, especially if not enough seniors apply. For example, the Charles Duerig Memorial

Scholarship has a list of interests that an applicant should have but does not expect applicants to meet all requirements.

Although seniors should apply to as many scholarships as possible, they should not make up credentials or lie about their future career goals to qualify for scholarships. All answers that an applicant writes can be seen by each scholarship awarder. This also means that applying to multiple scholarships can allow awarders to get a better picture of who you are.

Finally, all seniors should apply to at least one, regardless of what school they will go to or what they will study. Some scholarships do not have minimum GPA requirements and although some expect applicants to have specific career goals, many don’t. One of the more popular scholarships, the Oh the Places You’ll Go Scholarship, only requires students to write about a place they’d want to travel to.

Many of the presenters mentioned that scholarships helped them buy some books or allowed them to focus on their education without needing to work at the same time. “\$500 may not seem like much, but every little bit counts,” said Jennifer Pletcher, one of the CVEF Scholarship Co-chairs.

Students enjoy Carnival Project

By Leo Lin
STAFF WRITER

Cardboard mazes, colorful boxes, spinning wheels... Have you wondered why you saw so many of these inventions on campus recently?

Well, they’re the efforts from the energetic mathematicians. The Carnival Project, also known as the probability project, is an annual activity for all Integrated II students. Throughout the group project, students gain countless opportunities to approach a new field in mathematics such as understand how probabilities work, calculate the expected profit, build three dimensional models, and most importantly, have fun with other students’ models on Carnival day.

As a result, the Carnival Project leads students to learn by doing. For example, a prize wheel made by a student definitely has the prize for students. However, in order to win the prize, participants have to spin the wheels. Let’s say there are only ten percent of chances for participants to win the first round meanwhile they are more likely to lose because there are ninety percent

remaining. Once a student loses, he will understand the meaning between 90 percent to ten percent; once a student won, she will understand how fortunate she is to win under the rate of ten percent. In theory, there is only a 50 percent chance for students to win - they would either win or lose. However, the actual odds will affect the anticipated result, and students could quickly realize that nothing comes as easy as the potential 50 percent of winning. After all, students will definitely have a better understanding of probability, which will make them unlikely to fail the unit test.

Sue Han, a math teacher who teaches both Integrated II and Pre-Calculus, claims the Carnival Project made everyone delighted.

“I loved to see how my students come up with creative, detailed ideas, then apply their logical thinking to tree diagrams and calculations with their partner. It was awesome!” said Han.

Willy Jiang, a student from Integrated 2, claimed this project is “extremely challenging,” but added, “However, it is fun as well.”

Trump acquitted by the Senate

By Hannah Pilgrim
STAFF WRITER

President Trump will remain in office after the Senate voted to acquit him after weeks of trials and hearings.

Votes of 47-53 and 48-52 failed to convict Trump of obstruction of Congress and abuse of power, with Sen. Mitt Romney of Utah being the only Republican to vote against the president.

The impeachment trial started on Jan. 21 with lively debates from both the House managers and the president’s attorneys.

Most expected the Republican-led Senate to let Trump keep his position due to high ranking Senate Republican Lindsey Graham comments to media that he would fall in line with the White House in the trial.

“I’m not trying to pretend to be a fair juror here,” Graham said.

Speaker of the House Nancy Pelosi held onto the articles of impeachment for several weeks to pressure the Senate to hold a fair trial and call witnesses.

Pelosi assigned eight House managers to the Senate trial: Adam Schiff of California,

Jerry Nadler of New York, Hakeem Jeffries of New York, Zoe Lofgren of California, Val Demings of Florida, Jason Crow of Colorado, and Sylvia Garcia of Texas.

The eight managers included three women, proving to be one of the most diverse groups to represent the House.

Senate Majority Leader Mitch McConnell set strict rules as how the impeachment trial would be run: no coffee, no electronics, no leaving the chamber, and no talking; which proved hard for some senators.

A vote to subpoena witnesses and documents was defeated despite a close vote of 49-51, with Republican Senators Romney and Susan Collins of Maine voting with the Democrats.

“History will not be kind to Donald Trump,” said Schiff.

There was a question of whether some Senators like Lisa Murkowski of Alaska and Collins would cross party lines and vote to impeach Trump.

The House of Representatives voted to impeach President Donald Trump on accounts of obstruction of Congress and abuse of power on Dec. 18. Trump is only the third president in U.S. history to be

impeached.

Leading to the House’s decision, Democrats argued that there was transfer of favors, also known in legal terms as a “quid pro quo.”

That same month, Trump told the Department of Defense to hold Ukrainian military aid which Congress had approved, according to Public Integrity.

“After hearing the president say, flat-out, that he would accept a foreign power’s offer of dirt on an electoral competitor and probably not inform the FBI of such an effort, I believe that Congress must pursue impeachment,” Congressman Eric Swalwell wrote in a tweet.

In the call, Trump allegedly told Ukrainian president Volodymyr Zelensky that he should consider looking into former Vice President Joe Biden’s son, Hunter Biden, who worked for a Ukraine based oil company. Biden was placed at the Ukrainian company and had hopes of using Biden to secure a meeting with the Senate Department, according to the Wall Street Journal.

“It was expected, we knew it was going to happen but still sad to see that justice didn’t prevail,” said junior Aaron Ruiz.

►Virus: from page 1

The coronavirus began late in 2019 in a wholesale food market in Wuhan, China. Since then, the coronavirus has been spreading quickly worldwide with almost 112,000 cases in 110 countries and territories, including almost 570 known cases in the U.S., 114 known cases in California, and 62,695 who recovered overall.

Naturally news of the epidemic heightened the anxiety of staff, students, and families.

Although no schools in the Alameda County District are closed due to the virus currently, if an outbreak occurs, school officials have prepared to close schools.

CVHS is doing its part in response to COVID-19 outbreak with the help of the custodial team including wiping all contact surfaces such as doorknobs and tables with disinfectants, daily cleanings of the kitchen, cafeteria, restrooms, locker rooms and the weightroom, and ensuring soap dispensers are stocked.

The steps students and families can take to reduce risks are the same as preventing the common flu. This includes washing your hands for at least 20 seconds, avoid touching your eyes, nose, and mouth with unwashed hands, and avoid close contact with people who are sick.

“Everybody has to take precautions, do what’s best for your family and wash your hands,” said nurse Shirley Henighan.

Students with flu/fever symptoms are advised to stay home. Those with a fever may return back to school once they are fever free for 24 hours without medication.

In addition to basic sanitary precautions, many students and families changed/cancelled travel plans for fear of coming into contact with someone who has been exposed to this disease.

“During spring break, I was planning to go to China. We already booked flights a long time ago, but because spring break is near, we realize that we couldn’t go anymore so we had to cancel the flights. It was really sad, because I was planning to meet my friends there and have fun,” said senior Chelsea Liang.

Although the coronavirus is predominantly causing anxiety, many students are not as worried about this new virus because they say it is only lethal if the individuals are really young or elderly.

“I should be scared, but I can’t be because it just seems overblown. I guess it’s just because it won’t affect me because I’m so young. I think the media is just making it seem more serious than it should be. It is a big deal if you don’t have access to health care or are old, but if you’re young and can get medication, you should be fine,” said senior Simran Prasad.

►Fitness: from page 1

believes that the test is discriminatory towards gender as it categorized students as only female and male to be placed amongst other students for data.

“I feel like the test is pointless. You can cancel the test since it’s not inclusive of the genders. It seems really pointless to do them in the first place anyways, it wastes time.” commented sophomore MJ Kaeley.

Three different PE teachers declined to comment.

Newsom also believes the test is discriminatory towards students with disabilities. After parents raised their concerns with the testing and its common assumptions of its subjects, Newsom has put forth the testing for its three year suspension.

Newsom and his finance spokesperson say that they are looking for ways the test can be adjusted to fit all students in schools. Newsom also requests that by November 2022 new data received to propose a new test or alternatives.

